

Cosy up for Winter!

The clocks go back at the end of the month and the nights will soon start to draw in. I must admit that I love the changing seasons and preparing to wrap up in order to keep cosy and warm is something I hold a romantic view of! Checking out the array of coats at this time of year is one of my favourite jobs, and I have picked out what I consider to be the best pickings on the High Street below.

Understanding the shapes that flatter your figure type is key when it comes to finding the right coat for you. I hope you managed to work out your body type from my previous emails. If you did not receive them and would like to find out your body shape, please email me and I will send them on to you.

The Cape

Capes have arrived with a bang this year and are the perfect choice for anyone who likes to stand out from the crowd. If you have a defined waist and have a heart shaped, pear shaped or an hourglass figure then you should opt for a belted version such as this natural coloured cape from **Laura Ashley (£100)**.



If your figure type is straighter and you do not have a defined waist (angular or rectangle figure types) then you will look great in an unbelted Cape such as this one from **Marks and Spencer (£69)**.



The Parka

This style is a more relaxed, dressed down look and perfect for the school run and every day activities. It will not suit everyone, but if you prefer a natural look then a **parka** could be a great, practical choice for you. **£52 Debenhams (BJB)**.



The Camel Coat

For anyone that suits a more classic style, a **camel** coat is worth the investment. This colour is huge news right now and it will suit anyone with a warm skin tone (so for those of you that have had their colours analysed, **Springs and Autumns**). Opt for belted if you have a defined waist and a straighter cut if you don't. This **French Connection** coat is incredibly versatile and will look chic worn over work wear, evening wear and even over jeans. **(£190)**. Remember to use a scarf in one of your best shades to add an injection of colour next to your face.



October/November 2010

Jo Jo's Boutique in Cuckfield, West Sussex are holding a fashion show in aid of **Breast Cancer Care** on Thursday 14th October. It will be held at the stunning **Ockenden Manor** from 3pm until 5.30pm and tickets are £25. There will be a talk by a Breast Cancer specialist followed by a fashion show and "high tea". Please contact me if you would like tickets.



New Personal Shopping service!

A new, hourly personal shopping service is now on trial in conjunction with **Jo Jo's Boutique** in Cuckfield, West Sussex. I am now taking bookings for hourly slots for just **£30 per hour**. (Usual rate £50 per hour). Call me for further details of this limited offer.



Be sure to add **helen@stylestep.co.uk** to your "safe" list to avoid losing StyleStep in your "junk" folder.

Helen can be contacted on **07773 800168**



"Like" StyleStep's page on **facebook** to gain access to more regular tips from **StyleStep**.

Jo Jo's Boutique in Cuckfield, West Sussex is a treasure trove of fabulous clothes, with a difference. Stocking labels such as **Noa Noa, CeCi & Yuki, Northlands** and now **Nougat**, Jo travels the world to handpick her collections. For me it is shopping heaven!

